Recall Alerts

- Med Watch
  This is the FDA’s alert site for medication recalls. You can also sign up for the MedWatch listserv to get email updates or track updates through an RSS feed.

- FoodSafety.gov
  FoodSafety.gov offers up to date food recalls by automatic email alerts, an RSS feed, and a widget.

- Recalls.gov
  [http://www.recalls.gov/food.html](http://www.recalls.gov/food.html)
  Recalls.gov provides U.S. government recall alerts for consumer products, motor vehicles, boats, food, medicine, cosmetics and environmental products. You can sign up for a number of alert services at this website.

- Quackwatch
  The Quackwatch site includes questionable products, services and theories as well as links to many reliable health resources.

Evaluating Health Websites

- Don’t Be a Victim of Health Care fraud by the FDA
  This brochure includes information about what scams may say and how to protect yourself from them.

- Find and Evaluate Health Information on the Web from the Medical Library Association
  [https://www.mlanet.org/resources/userguide.html](https://www.mlanet.org/resources/userguide.html)
  This site provides evaluation guidelines and additional help resources.

- MedlinePlus to Healthy Web Surfing
  This online guide provides evaluation criteria for health websites in English and Spanish.
CAM Websites

- National Institutes of Health’s Dietary Supplements: What You Need to Know
  http://ods.od.nih.gov/HealthInformation/DS_WhatYouNeedToKnow.aspx
  This site provides information for evaluating dietary supplement labels and links to other resources including My Dietary Supplements (MyDS) mobile app.

- MedlinePlus – Complementary and Alternative Therapies
  MedlinePlus provides a wealth of information about herbs and supplements, CAM therapies and conditions and related issues.

- National Center for Complementary and Integrative Health (NCCIH)
  http://nccam.nih.gov/
  Formerly the National Center for Complimentary and Alternative Medicine (NCCAM). NCCIH offers information on CAM topics, Herbs at a Glance, safety practices, news, research and information in Spanish.

- Memorial Sloan Kettering Cancer Center: About Herbs, Botanicals & Other Products
  Memorial Sloan Kettering Cancer Center’s integrative medicine site includes information about a wide variety of herbs and botanicals, FAQs, and the downloadable About Herbs mobile app.

- University of Washington Medicinal Herb Garden (MHG)
  http://www.biology.washington.edu/mhg/
  The MHG website includes a gallery of herb photos and links to the newsletters.

Questions? Please contact:
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